

**David Lee Acupuncture**  
 166 N. Moorpark Road #201  
 Thousand Oaks, CA 91360  
 P: 805.497.6200 F: 805.497.6233

Date \_\_\_\_\_

**PATIENT CONFIDENTIAL INFORMATION (PLEASE PRINT)**

Patient \_\_\_\_\_  Male  Female  Other SSN: \_\_\_\_\_  
First Name Last Name Initial

Home Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_ E-mail \_\_\_\_\_  
 Appointment Reminder Text

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  Single  Married  Separated  Divorced  Widowed

Occupation \_\_\_\_\_ Business Phone (\_\_\_\_) \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

What is your illness/injury? \_\_\_\_\_

Have you seen any other doctor about this condition?  Yes  No If yes, when? \_\_\_\_\_

Who is your primary physician? Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Is your condition related to employment (current or previous)?  Yes  No

Employer's Name \_\_\_\_\_

Is your condition related to auto accident?  Yes  No If yes, when? \_\_\_\_\_

Other accident?  Yes  No Please describe: \_\_\_\_\_

FOR FEMALES: Are you pregnant?  Yes  No If yes, for how long? \_\_\_\_\_

FOR MINORS: parent's name and date of birth \_\_\_\_\_

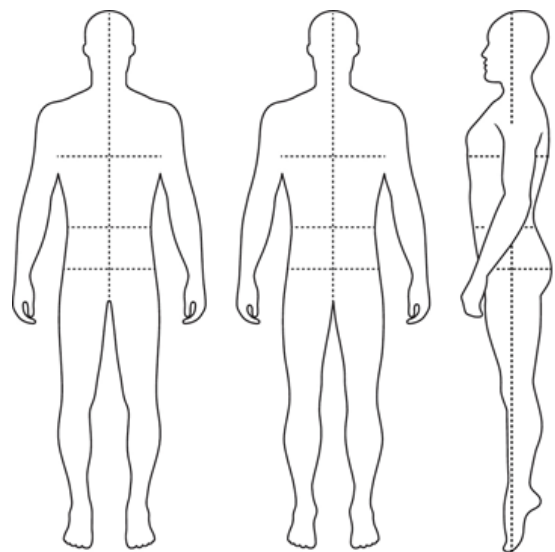
In case of emergency, call:  
 Phone(\_\_\_\_) \_\_\_\_\_  
 Name \_\_\_\_\_  
 Relationship to patient \_\_\_\_\_

**FINANCIAL ARRANGEMENTS**  
 How do you plan to handle your account?  
 Cash  Check  Visa/Master  AmEx

**INSURANCE INFORMATION**  
 Do you have medical insurance?  Yes  No

If yes, please have the office make a copy of your insurance card.

Please mark the locations of pain or discomfort.



FRONT

BACK

SIDE

For Office Use Only:  Print  E-Mail

# **FINANCIAL POLICY & PATIENT RESPONSIBILITY**

We request payment on the date of service. We are able to accept payment in the form of cash, check, American Express, Visa, Discover, and MasterCard.

## **Charge Rates**

- New Patient Consultation (applies to non-insured patients only): \$30
- Acupuncture Treatment (applies to non-insured patients only): \$100
- Initial Herbal Consultation (applies to non-insured patients): \$50
- Herbal Consultation (applies to insured and non-insured patients): \$30
- 10-Day Herbal Formula (non-refundable): \$90-\$110
- Dietary Consultation including *Tetrasoma Diet* Book: \$60.
- Acupressure Consultation: \$80 in combination with another service; \$150 by itself.

## **Insurance**

Patients should contact their insurance company prior to treatment to determine their acupuncture benefits. Be sure you are clear about your responsibilities such as deductibles and co-pays/co-insurance. As a courtesy to patients, our office will confirm acupuncture benefits and submit claims to the insurance carrier. Due to the varying calculations involved, please ***do not assume final payment*** until the explanation of benefits (EOB) and insurance payment is received. Please note that you, the patient, have ultimate financial responsibility for your care. If your acupuncture insurance benefits seem vague, ***you may be required to make full payment until the explanation of benefits is received.*** If there is an issue with an insurance payment it is your responsibility to contact the insurance to rectify the issue. Herbal formulas, dietary consultations, and acupressure consultations are not covered by any insurance plan. By signing below, you are authorizing David Lee Acupuncture to release all information necessary to process any insurance or collection claims.

## **Cancellation Policy**

Because our time and space is limited, David Lee Acupuncture's cancellation policy requires patients to give a 24-hour notice of cancellation prior to their appointment. This allows other patients the opportunity to schedule for that time. ***The cancellation fee for missed appointments or appointments cancelled without a 24-hour notice is \$25.*** Patients will not be able to see the doctor for another appointment until the cancellation fee is paid. Exceptions may be made for emergencies on a case-by-case basis. We ask that you please value our time and understand the reason for our cancellation policy. Thank you for your cooperation.

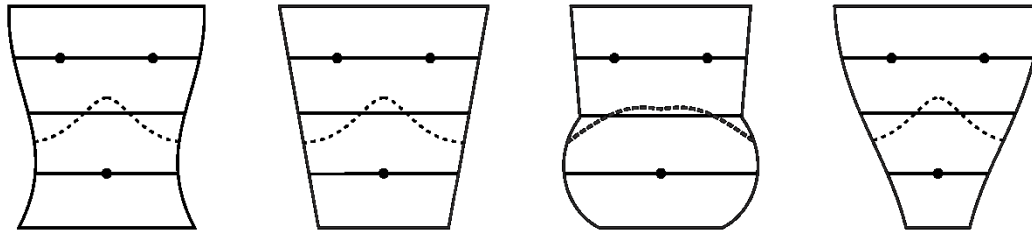
I understand and agree to the fees outlined above and may receive a copy of this Financial Policy & Patient Responsibility form upon request.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian if patient is a minor

# Patient Torso Measurement Agreement

Dr. David Lee's acupuncture style is based on Four Constitutional Medicine, where knowing your torso shape facilitates identifying your body type and therefore leads to proper treatment for your ailments. He determines your body type diagnosis by measuring five lines as illustrated below with a caliper (a measuring ruler). For females, the second line across the chest is not measured for protection of privacy.

Exaggerated example of torso shapes:



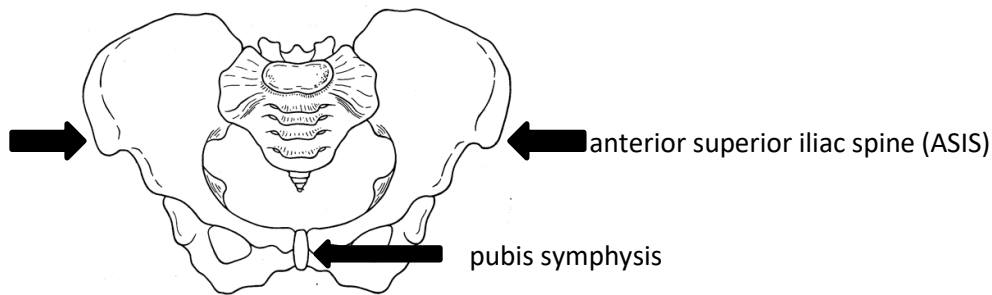
Lesser Yin

Lesser Yang

Greater Yin

Greater Yang

Three points of palpation:



The sides and front of the pelvic bone is also palpated. Below the pubis symphysis is not palpated.

I approve of Dr. David Lee measuring my torso and palpating my pelvic bone for the purpose of establishing an Asian medical diagnosis for the treatment of my illnesses.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

*Please complete the following as accurately as possible whether in the recent past or present.*

<ul style="list-style-type: none"> <li><input type="checkbox"/> epstein barr virus (EBV)</li> <li><input type="checkbox"/> cold sores</li> <li><input type="checkbox"/> genital herpes</li> <li><input type="checkbox"/> heart disease</li> <li><input type="checkbox"/> rheumatic fever</li> <li><input type="checkbox"/> high blood pressure</li> <li><input type="checkbox"/> stroke</li> <li><input type="checkbox"/> kidney disease</li> <li><input type="checkbox"/> urinary bladder problems/infections</li> <li><input type="checkbox"/> diabetes</li> <li><input type="checkbox"/> cancer</li> <li><input type="checkbox"/> pneumonia</li> <li><input type="checkbox"/> emphysema</li> <li><input type="checkbox"/> tuberculosis</li> <li><input type="checkbox"/> asthma</li> <li><input type="checkbox"/> peptic ulcer</li> <li><input type="checkbox"/> anemia or other blood disorder</li> <li><input type="checkbox"/> bleeding disorder</li> <li><input type="checkbox"/> fibromyalgia</li> <li><input type="checkbox"/> osteoarthritis</li> <li><input type="checkbox"/> rheumatoid arthritis</li> <li><input type="checkbox"/> mental disorder</li> <li><input type="checkbox"/> gout</li> <li><input type="checkbox"/> hepatitis</li> <li><input type="checkbox"/> liver cirrhosis</li> <li><input type="checkbox"/> gall stones</li> <li><input type="checkbox"/> jaundice</li> <li><input type="checkbox"/> hernia</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> thyroid disorder</li> <li><input type="checkbox"/> disorder of genitals</li> <li><input type="checkbox"/> gynecological disorder</li> <li><input type="checkbox"/> congenital abnormalities</li> <li><input type="checkbox"/> skin diseases</li> <li><input type="checkbox"/> elevated cholesterol</li> <li><input type="checkbox"/> cardiac pacemaker</li> <li><input type="checkbox"/> surgical implants</li> <li><input type="checkbox"/> change in bowel or bladder habits</li> <li><input type="checkbox"/> sores that will not heal</li> <li><input type="checkbox"/> unusual bleeding or discharge</li> <li><input type="checkbox"/> indigestion</li> <li><input type="checkbox"/> sjögren's disease</li> <li><input type="checkbox"/> crohn's disease</li> <li><input type="checkbox"/> irritable bowel disease</li> <li><input type="checkbox"/> lupus erythmatosis</li> <li><input type="checkbox"/> difficulty swallowing</li> <li><input type="checkbox"/> obvious change in a wart or mole</li> <li><input type="checkbox"/> alzheimer's</li> <li><input type="checkbox"/> parkinson's</li> <li><input type="checkbox"/> epilepsy or convulsions</li> <li><input type="checkbox"/> history of smoking # _____ day</li> <li><input type="checkbox"/> history of smokeless tobacco use</li> <li><input type="checkbox"/> history of drinking alcohol</li> <li><input type="checkbox"/> history of recreational drug use</li> <li><input type="checkbox"/> history of sexually transmitted disease</li> <li><input type="checkbox"/> HIV</li> </ul>
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Check the appropriate box below if you have taken a psychological behavior assessment test.

DiSC Social Style:

- Dominant  Influence  Steady  Conscientious

Myers-Briggs Type Indicator:

- INFP  INFJ  INTP  INTJ  ISFP  ISFJ  ISTP  ISTJ  
 ENFP  ENFJ  ENTP  ENTJ  ESFP  ESFJ  ESTP  ESTJ

*Please complete the following as you feel they are significant to you.*

**PATIENT CONFIDENTIAL INFORMATION**

Patient name \_\_\_\_\_

<input type="checkbox"/> muscle pain	<input type="checkbox"/> shoulder pain	<input type="checkbox"/> elbow pain
<input checked="" type="checkbox"/> <b>knee pain</b>	<input checked="" type="checkbox"/> <b>low back pain</b>	<input checked="" type="checkbox"/> <b>neck pain</b>
<input type="checkbox"/> other joint or muscular pain: _____		
<input type="checkbox"/> migraine headache	<input type="checkbox"/> tension headache	<input type="checkbox"/> cluster headache

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<input type="checkbox"/> cold/flu/bronchitis/pneumonia	<input type="checkbox"/> hay fever/allergies	<input type="checkbox"/> asthma
<input type="checkbox"/> nose bleeds frequently	<input type="checkbox"/> wheezing	<input type="checkbox"/> bad breath
<input type="checkbox"/> tongue sores	<input type="checkbox"/> lack of thirst/forget to drink	<input type="checkbox"/> easy thirst/dry mouth/dry throat

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<input type="checkbox"/> poor or no appetite	<input type="checkbox"/> high hunger	<input type="checkbox"/> nausea
<input type="checkbox"/> bloating/indigestion/acid reflux		<input type="checkbox"/> abdominal pain/cramp/ulcer
<input type="checkbox"/> hemorrhoids	<input type="checkbox"/> hard dry stools	<input type="checkbox"/> chronic loose stools/diarrhea
<input type="checkbox"/> bowel movement every _____ days		

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<input type="checkbox"/> vertigo, dizziness	<input type="checkbox"/> ringing in ears	<input type="checkbox"/> palpitations/irregular heartbeat
<input type="checkbox"/> color blind	<input type="checkbox"/> dry eyes	<input type="checkbox"/> hair loss
<input type="checkbox"/> eczema/acne/skin eruptions	<input type="checkbox"/> skin tags on neck	<input type="checkbox"/> fatty nodules under skin
<input type="checkbox"/> brittle nails	<input type="checkbox"/> edema/ water retention	
<input type="checkbox"/> difficult gaining weight	<input type="checkbox"/> difficult losing weight	

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<input type="checkbox"/> I get chills easily	<input type="checkbox"/> cold hands and feet	<input type="checkbox"/> wear socks to sleep often
<input type="checkbox"/> cannot take cold shower	<input type="checkbox"/> my body is constantly hot	
·My body accepts more:	<input type="checkbox"/> the Winter season	<input type="checkbox"/> the Summer season

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<input type="checkbox"/> insomnia	<input type="checkbox"/> sleeping too much	<input type="checkbox"/> night sweats
<input type="checkbox"/> anxiety/depression/worry	<input type="checkbox"/> ADD/ADHD (attention deficit disorder/attention deficit hyperactive disorder)	

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<input type="checkbox"/> incontinence of urine	<input type="checkbox"/> frequent urination	<input type="checkbox"/> cloudy / bubbling urine
<input checked="" type="checkbox"/> <b>painful burning urination</b>	<input checked="" type="checkbox"/> <b>bladder-kidney stones</b>	<input type="checkbox"/> urinate _____ x night

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·How often do you urinate during the day?  every hour  every 2 hours  every 3 hours  every 4 hours

·When passing the bowel, does it most of the time feel complete  or often feel unrelieved?

·When passing the bowel, do you sit for a pro-longed period  or is it excreted in a few seconds?

·How many hours do you need to sleep through the night? \_\_\_\_\_ hours

·Do you enjoy meats  or do you find them to be heavy and hardly digestible?

·Do you enjoy fried foods  or do you find them to be heavy and hardly digestible?

·Have you been on the Atkins Diet? and did well  got sick from it  never tried it

·Do you get seasick or motion sickness easily?  yes  no

·Do you see yourself accomplishing tasks at the last moment  or in step-by-step increments?

·Are you highly sensitive to initially perceived criticisms  or do you let them pass easily?

·When I act or move, I sweat:  a lot  little  almost never.

·I usually sweat on my:  head  face  neck  back  upper body  
 arm pit  lower body  whole body  palm and sole

**PATIENT CONFIDENTIAL INFORMATION**

**Patient name** \_\_\_\_\_

·I have fear of or discomfort with: heights closed places open places insects/reptiles

·Childhood/infantile illnesses: wetting bed other \_\_\_\_\_

Check any of the following that gives you negative reaction:

- caffeine      milk/dairy      wheat/gluten      shellfish      dander/dust/pollen      egg
- melon      mango      perfumes      penicillin      nickel in jewelry
- other \_\_\_\_\_

Are you taking herbs? \_\_\_\_\_

**MEN**

- potency issue    prostatitis    fertility difficulties

**WOMEN**

Age when periods began \_\_\_\_\_

Last pap smear date \_\_\_\_\_

Duration of flow /days \_\_\_\_\_

Is your cycle regular?    yes no

Date of the last period \_\_\_\_\_

Do you believe you are pregnant?    yes    no

Difficulties during period: excessive flow    less flow    cramps    clots    breast distension  
emotional changes

- fertility difficulties    habitual miscarriage    breast cysts    low libido    menopausal symptoms
- vaginal yeast (candida) infections

Menstrual cramps:    every or almost every period    infrequent

Birth control history, method, & duration of use \_\_\_\_\_

\_\_\_\_pregnancies    \_\_\_\_births    \_\_\_\_abortions    \_\_\_\_miscarriages    \_\_\_\_C-sections

**HISTORY & HEALTH GOALS**

What is your major history of illnesses?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Surgeries & dates \_\_\_\_\_

\_\_\_\_\_

What is your health goal through the treatment at this clinic?

- pain management    treatment of the illness    preventative lifestyle

From the above, which condition bothers you the most? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PATIENT NAME:

## ARBITRATION AGREEMENT

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California and federal law, and not by a lawsuit or resort to court process except as California and federal law provide for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. An arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

**Article 2: All Claims Must be Arbitrated:** It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, as to whether this agreement is unconscionable, and any procedural disputes, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the healthcare provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the healthcare provider and/or other licensed healthcare providers, preceptors, or interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the healthcare provider, including those working at the healthcare provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the healthcare provider, and/or the healthcare provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages. This agreement is intended to create an open book account unless and until revoked.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days, and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's equal share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of the California Medical Injury Compensation Reform Act shall apply to disputes within this arbitration agreement, including, but not limited to, sections establishing the right to introduce evidence of any amount payable as a benefit to the patient as allowed by law (Civil Code 3333.1), the limitation on recovery for non-economic losses (Civil Code 3333.2), and the right to have a judgment for future damages conformed to periodic payments (CCP 667.7). The parties further agree that, where not in conflict with this agreement, the Arbitration Rules of ADR Services, Inc. shall govern any arbitration conducted pursuant to this Arbitration Agreement. A copy of the ADR Services rules are available on its website at [www.adrservices.com](http://www.adrservices.com) or by calling 213-683-1600 to request a copy of the rules.

**Article 4: General Provision:** All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to the healthcare provider within 30 days of signature and, if not revoked, will govern all professional services received by the patient and all other disputes between the parties.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment), patient should initial here. \_\_\_\_\_. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

Patient Name (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ACUPUNCTURE INFORMED CONSENT TO TREAT**

I understand that I am the decision maker for my health care. Part of this office’s role is to provide me with information to assist me in making informed choices. This process is often referred to as “informed consent” and involves my understanding and agreement regarding the care recommended, the benefits and risks associated with the care, alternatives, and the potential effect on my health if I choose not to receive the care. Acupuncture is not intended to substitute for diagnosis or treatment by medical doctors or to be used as an alternative to necessary medical care. It is expected that you are under the care of a primary care physician or medical specialist, that pregnant patients are being managed by an appropriate healthcare professional, and that patients seeking adjunctive cancer support are under the care of an oncologist.

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist indicated below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with, or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may have an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I appreciate that it is not possible to consider every possible complication to care. I have been informed that acupuncture is a generally safe method of treatment, but, as with all types of healthcare interventions, there are some risks to care, including, but not limited to: bruising; numbness or tingling near the needling sites that may last a few days; and dizziness or fainting. Burns and/or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal, and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. I will notify a clinical staff member who is caring for me if I am, or become, pregnant or if I am nursing. Should I become pregnant, I will discontinue all herbs and supplements until I have consulted and received advice from my acupuncturist and/or obstetrician. Some possible side effects of taking herbs are: nausea; gas; stomachache; vomiting; liver or kidney damage; headache; diarrhea; rashes; hives; and tingling of the tongue.

While I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known, is in my best interest. I understand that, as with all healthcare approaches, results are not guaranteed, and there is no promise to cure.

I understand that I must inform, and continue to fully inform, this office of any medical history, family history, medications, and/or supplements being taken currently (prescription and over-the-counter). I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

I understand that there are treatment options available for my condition other than acupuncture procedures. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, I understand that I have the right to a second opinion and to secure other options about my circumstances and healthcare as I see fit.

By voluntarily signing below, I confirm that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I agree with the current or future recommendations for care. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

PATIENT NAME:

ACUPUNCTURIST NAME:

PATIENT SIGNATURE **X** (Date) (Or Patient Representative for patient) (Indicate relationship if signing)



